

Respect One Another - STOP, WALK, and TALK



Here's the plan:

- ▶ If someone does something disrespectful to you **or someone else**, tell them to **“STOP.”**
- ▶ Because talking is tough in emotional situations... always include a physical “signal” to stop that students can use as well.
 - ▶ **Firm hand signal**
 - ▶ **Clear voice**



“Walk” Away

- **Walk away from the problem behavior and remove yourself from the situation**
- **Help others walk away too**
- **You can comfort victims after helping them walk away**



Get Help (“Talk”)

Even when you use “stop” and “walk away” from the problem, sometimes others will continue to behave inappropriately toward you. When that happens, you should “talk” to an adult.



Here's How...

(Role Play)

Here's the scoop:

- ▶ Report problems to adults
 - ▶ Where is the line between snitching/tattling, and reporting?
 - ▶ **"Talking"** is when you have tried to solve the problem by saying "stop", or "walking away":
 - ▶ **Snitching or tattling** is when you do not try the "stop" or "walk away" steps
 - ▶ **Snitching or tattling** is when your goal is to get the other person in trouble

An exception to the rule:

**** If you are in significant fear of your safety, you should skip the “stop” and “walk” steps, and go immediately to an adult**

What to do when YOU are asked to “STOP”

- ▶ Eventually, every student will be told to stop.



- ▶ ***Here is the rule: If someone asks you to stop doing something that they think is disrespectful, you stop – whether you were doing it on purpose or not.***

When you are asked to STOP, do the following:

- ▶ Stop what you are doing

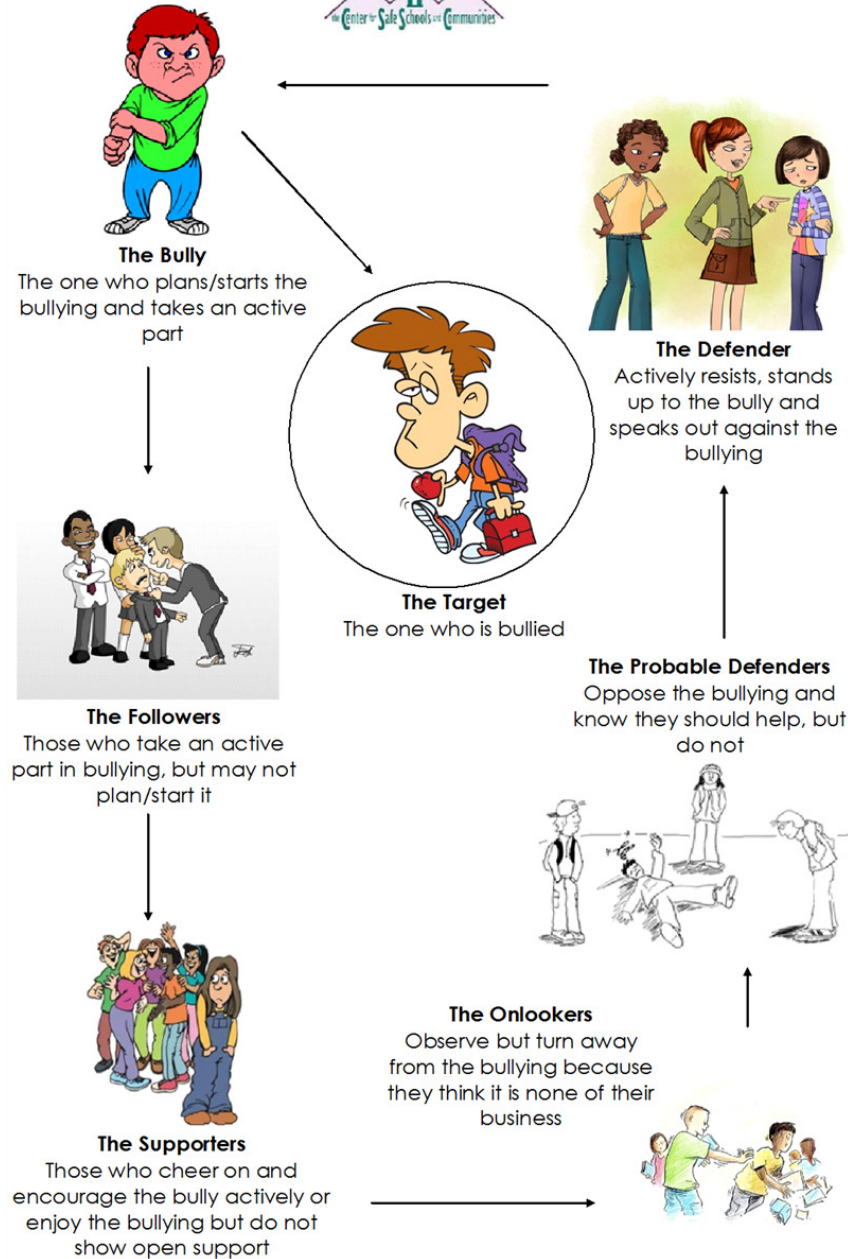


- ▶ Take a deep breath



- ▶ Go about your day





What if someone does something disrespectful over the internet or through a text message?



- You can still tell them to “STOP”
- If you can, tell an adult right away.
- Even if it happens at home, you can still tell an adult at school.

Additional Info:

- If you tell an adult and nothing is done, you need to tell another adult.
- **Keep telling adults until you feel like you have received help.**
- It is NEVER too late to tell someone what happened.

